Join efforts to **increase awareness and understanding of mental health** in a rural Fijian village where you will live for 3½ weeks. The aim is training and equipping local Fijian youth with the tools to be ambassadors for mental health awareness, understanding, and support in the community. Working as a team with other students, you will prepare activities for a local youth group designed to promote learning, understanding, and long-term action that build positive mental health.

Participants in this program will gain a set of experiences, understanding, and transferable skills through:

- 120 + hours of hands-on mental health promotion **work experience**
- Attending **training & workshops** with the leading Mental Health Experts in Fiji
- Creating awareness and advocacy around mental health, discussing stigmas and misinformation, and opening up conversations about positive mental health through **teaching workshops and planning activities**
- Expanding **understanding of global mental health** and cultural perceptions
- Contributing to **sustainable impact projects in rural villages** in accordance with the Fiji National Development Plan
- Helping **Fijian partners** (Ministry of Health and leading mental health NGOs) transform the mental health landscape in Fiji
- Experiencing **culture & customs** of a traditional Fijian village, and learning from local people
- Experiences that develop **team work, communication, and leadership skills**

The highlight of the program is the cultural immersion of living with a Fijian family in the heart of a traditional village. This requires during the experience for you to expand your comfort zone and embrace a very basic way of life, without many of the known comforts that you are accustomed. You will experience the daily life of rural Fijians including the intricacies of Fijian communal, subsistence life and the importance of chiefly structures and age-old customs. Students return with increased resourcefulness, resilience, and more understanding of global development issues. This program is in partnership with Think Pacific. Students will join other BYU students as well as university students from the United Kingdom in this team experience. Participants also gain access to Think Pacific’s Global Skills Remote Programme which has courses on Sustainability, Culture, Global Leadership and Global Careers. Those choosing to complete the program will receive a certificate for completion of these modules. Learn more about this program at www.globalhealth.org

**DATES**
This program will run for 4 weeks during Summer Term from 29 June until 27 July 2022.

**HOUSING**
Homestay with a Fijian village family. During the briefing/orientation and reflection days of the program you will be housed in a beach resort. All meals while staying with your family and breakfast and evening meals during your briefing/reflection days at the resort will be provided.

**COURSES**
Students in the program Summer Term are required to take a minimum of 6 credits from this list of courses: HLTH 496R, IAS 399, LFSCI 199, HLTH 403, HLTH 481, HLTH 492, or HLTH 491R. Graduate credit for MPH fieldwork is available.

**ELECTIVE**
Students may be interested in investigating the local culture by taking IAS 380 Cultural Proofs for 1–3 credit hours. This self-guided course allows students to do independent intercultural research, interview locals, and experience local culture.

**COST**
$3,000-3,500
This cost includes undergraduate tuition for six credits Summer Term, international health insurance coverage, housing, meals during homestay, breakfast and dinner during stay at resort, airport pickup on arrival, orientation, onsite coordination, 24-hour emergency assistance, and local transportation. Does not include international airfare, passport, visa(s), personal expenses, extra meals and snacks, cell phones/international data, or personal excursions.

**PREPARATION**
Students from many majors are encouraged to apply, particularly those with interests and background in mental health. Accepted students are required to participate in an international preparation course (IAS 369R, 1 credit hour). This second-block evening course will be held during winter semester. Accompanying spouses need to be credit-bearing participants on the program. Spouses will also need to apply online and take the preparation course. All participants are required to show proof of complete COVID-19 vaccination by the time the preparation course begins.

**FUNDING SOURCES**
Regular BYU tuition scholarships, Pell Grants, and Federal Insured Student Loans may be applied to study abroad programs. Academic departments and colleges may assist with scholarships and grants. Private grants and scholarships outside of BYU may also assist (see kennedy.byu.edu/student/scholarships).

**APPLICATION PROCESS**
**Priority Deadline: 1 December 2021**. Applications will remain open until program is filled. If spots remain open, the final deadline is anticipated to be **1 February 2022**. Complete the online application at kennedy.byu.edu/apply. The application requires a $35 fee. Applicants will be interviewed once the application is complete. Students will be notified via e-mail of their acceptance into the program. Students will also be required to complete an enrollment or application with Think Pacific and a police background check may be required.

**FACULTY**
Randy M Page, Director of the Global Health Internship Program and Professor of Public Health is the faculty director for the program. Tana Page, Adjunct Faculty in the Department of Public Health, will be the Assistant Director.

**SCHEDULE AND TIME COMMITMENT**
Students will be in Fiji for 4 weeks. Students will be required to complete academic assignments prior to this time and upon returning home from the program.

**INTERESTED STUDENTS SHOULD CONTACT**
International Study Programs or Dr. Randy M Page or Tana S. Page
101 HRCB 2030 Life Science Building 2148 Life Science Building
kennedy.byu.edu/isp randy_page@byu.edu tana_page@byu.edu

**PROGRAM ADJUSTMENTS**
ISP reserves the right to cancel this program, revise its offerings, or make any adjustments to the preliminary cost estimates due to conditions beyond its control.