

EUROPE PUBLIC HEALTH

ITALY, NETHERLANDS, SWITZERLAND, SWEDEN

STUDY ABROAD SUMMER 2018



This program aims to give students a chance to study and learn from public health systems in a variety of European settings. Students will visit London, Amsterdam, Paris, Bruges, Copenhagen, and Geneva as part of the study abroad, we anticipate the bulk of the experience will take place in Netherlands, Italy, Switzerland, and Sweden. Students will be immersed in the local culture as they conduct interviews with local residents and through direct observation of environments, health behaviors and lifestyle. Students will experience the impact of social and built environments (culture) on their own behaviors and learn to identify how differences between American values and lifestyle related to health differ from those in various field locations. Students will observe how public health programs and policies in Europe contribute to the overall health of populations. They will learn innovative approaches to tackling public health challenges such as obesity, diabetes, heart disease, and other chronic conditions. Students will participate in active learning exercises and will have many opportunities to be physically active in the local environments with both planned and opportunistic excursions. This study abroad will be most appealing to students that are passionate about public health, enjoy leading an active lifestyle (or want to begin doing so) and desire to experience diverse European cultures and their impact on health. Lastly, students will observe and explore the role of faith in healthy lifestyle choices.

DATES

20 June–20 July 2018

HOUSING

Students will stay in hotels. The program will arrange all housing.

COURSES

6 credits from the following:

HLTH 335 – Health Behavior Change (3 credit hours)

HLTH 383 – Mind-Body Health (3 credit hours)

HLTH 480 – International Health (3 credit hours)

HLTH 492R – Directed Public Health Readings (3–6 credit hours)

HLTH 496R – Academic Internship (3–6 credit hours)

Note: the HLTH 496R course requires prior approval. For further information, students can access the Health Science Internships Manual at hs.byu.edu/Undergrad-Internships/Internships-Manual.

COST

\$6,100–6,600

Includes: LDS, undergraduate full tuition (increased cost for grads and non-LDS students), housing, most breakfasts, some other meals, group transport, some activities, and international health insurance.

Not included: Airfare, most lunches and dinners, and personal expenses

PREPARATION

Accepted students are required to participate in an international, cross-cultural preparation course (IAS 201R, 1 credit hour). This evening course will be held on Wednesdays from 4:00–6:00 pm beginning the first day of second block of winter semester 2018.

Part-time BYU students and non-BYU students will need to pay an additional tuition fee of approximately \$264 for this course.

FUNDING SOURCES

Regular BYU tuition scholarships, Pell Grants, and Federal Insured Student Loans may be applied to study abroad programs. Students who submit the financial aid section of the ISP application and who have a current FAFSA form on file at the financial Aid Office (A-41 ASB) will be considered for a study abroad scholarship.

Academic departments and colleges may assist with scholarships and grants. Private grants and scholarships outside of BYU may also assist (kennedy.byu.edu/scholarships).

APPLICATION PROCESS

Complete the online application at kennedy.byu.edu/apply.

The application requires a \$35 fee.

Applicants will be interviewed throughout the fall semester and may be admitted previous to the deadline.

Students will be notified via e-mail of their acceptance into the program.

Deadline: 1 February 2018

FACULTY

Josh West has extensive experience working abroad using health behavior change strategies to address international health.
josh.west@byu.edu 801-422-3444

Cougar Hall has a background in school health education and applying health principles to increase life satisfaction.
cougar_hall@byu.edu 801-422-5656

Benjamin Crookston has experience working abroad addressing undernutrition and child health.
benjamin.crookston@gmail.com 801-422-3143

SCHEDULE AND TIME COMMITMENT

Students must arrive in London by June 20th.

INTERESTED STUDENTS SHOULD CONTACT

International Study Programs

101 HRCB

(801) 422-3686

isp@byu.edu

kennedy.byu.edu/isp

PROGRAM ADJUSTMENTS

ISP reserves the right to cancel this program, revise its offerings, or make any adjustments to the preliminary cost estimates due to conditions beyond its control.