CLINICAL TRAINING & CULTURE IN ITALY

STUDY ABROAD SPRING 2027

Italy holds a distinguished place in the history of family therapy, and this intensive 2.5-week program gives clinical graduate students direct access to its living tradition. Open to graduate students in clinical psychology, counseling psychology, marriage and family therapy, or social work, this program provides clinical training in cognitive-behavioral, psychodynamic, and strategic family therapy at some of Italy's most prestigious training centers. Students will also engage in self-of-the-therapist development through immersion in Italian culture, deepening their clinical abilities by examining their own values, identities, and biases within a new cultural context. Students will visit places like Venice, Milan, Florence, and Rome, experiencing key aspects of Italian culture, including history, art, music, cuisine, and family life.

DATES
29 April–15 May 2027 (approximate)

HOUSING
Students will stay in hotels, hostels, or apartments as we travel throughout Italy and will share rooms with other students.

COURSES
Students must enroll in one of the following courses while on this program:
MFT 695R—Special Topics in Marriage and Family Therapy (3 credit hours)
PSYCH 695R—Independent Readings (3 credit hours)

Students may take an approved alternative course in their program. They may not take any other courses on this program, including BYU Online courses, without approval by the program director and ISP.

COST
$3,400–$3,900

Includes Latter-day Saint graduate tuition (increased cost for non–Latter-day Saint students), clinical training, housing, group transportation on field trips, group activities, some meals, and international health insurance.

Does not include airfare, some meals, metro transportation, international phone plan (recommended), personal expenses and spending money, or self-directed activities.

TRAVEL
Students are responsible for purchasing their own airfare to and from the program sites. Airfare reservations must be made through BYU Travel. Students should contact a BYU Travel agent at: (801) 422-6293 | travel@byu.edu | 280 HRCB

PREPARATION
Accepted students are required to participate in an international, cross-cultural preparation course (IAS 201R, 1 credit hour). This class will be held during the second block of the winter 2027 semester. Part-time BYU students and non-BYU students will need to pay an additional tuition fee. Accompanying spouses need to be credit-bearing participants on the program. Spouses will also need to apply online and take the preparation course.

International study programs are physically, emotionally, and mentally taxing and students must be in good health to participate. These programs often take place in international locations that do not have the same level of safety and services in terms of transportation, living conditions, residential accommodations, food, public behavior, and policing that students may be used to on campus. If you have further questions or concerns on this, please see https://kennedy.byu.edu/isp-travel-policy

FUNDING SOURCES
Regular BYU graduate tuition scholarships, Pell Grants, and Federal Insured Student Loans may be applied to study abroad programs. The Global Opportunity Scholarship is another possible source of outside funding for one student admitted to this study abroad program (see https://kennedy.byu.edu/globalopportunity). If you meet criteria for the Global Opportunity Scholarship and are interested in being considered for the scholarship, please email the study abroad program faculty directors.

APPLICATION PROCESS
Complete the online application at kennedy.byu.edu/isp-apply. A nonrefundable $35 application fee is required; applicants will be interviewed once the application is complete. Students will be notified via e-mail of their acceptance into the program. The first payment is due upon acceptance.

Priority Deadline: October 15, 2026

Application Deadline: November 30, 2026

FACULTY
Dr. Jeff Jackson, PhD, LMFT is an Associate Professor of Marriage and Family Therapy with extensive experience in family therapy training and research. He has directed this study abroad program at two previous universities, providing a strong foundation for guiding students through culturally immersive learning experiences.
Jeff_Jackson@byu.edu | 801-422-5217 | 241 TLRB

Dr. Roy Bean, PhD, LMFT is an Associate Professor of Marriage and Family Therapy and an experienced leader in study abroad programs. He brings a wealth of knowledge in working with diverse populations and integrating cultural contexts into family therapy practice. Dr. Bean's commitment to fostering self-of-the-therapist development and his background in culturally informed therapeutic approaches helps provide a rich and engaging experience for participants in this study abroad program.
Roy_Bean@byu.edu | 801-422-2349 | 257 TLRB

SCHEDULE AND TIME COMMITMENT
Students are required to participate in the entire duration (arriving in Italy by the beginning of the program and remaining in Italy until the end of the program). Students will not have free time for additional travel within Italy. Students are not permitted to arrive in Italy before the program begins or stay after it ends, ensuring their absence from clinical duties does not exceed 2 weeks.

INTERESTED STUDENTS SHOULD CONTACT
International Study Programs | 101 HRCB | (801) 422-3686 | isp@byu.edu | kennedy.byu.edu/isp

PROGRAM ADJUSTMENTS
International Study Programs (ISP) reserves the right to cancel this program, revise its offerings, or make any adjustments to the preliminary cost. If it becomes necessary for ISP to cancel a program, all program payments made to BYU ISP will be refunded to the student's BYU financial account. ISP is the only office authorized to cancel any of its programs.