

NEPAL

ENVIRONMENTAL/OCCUPATIONAL HEALTH AND MATERNAL/CHILD HEALTH GLOBAL HEALTH INTERNSHIP SPRING 2025



The world's rooftop, Nepal is home to Hindu and Buddhist traditions rich in iconography and deep religious meaning. The Kathmandu Valley has seven World Heritage sites that weave together Buddhist and Hindu traditions. Among all this history and culture, the people work and go about their day trying to thrive or just survive. Working on a collaborative team from Johns Hopkins University, Tribhuvan and Kathmandu Universities, BYU students will recognize and evaluate occupational health hazards in one of the harshest work environments in Nepal, the brick kilns. From ergonomic and heat stress evaluations to silica air sampling, students will use cutting-edge technology to evaluate and provide control options. Students will intern with Dolakha Hospital regarding healthcare infrastructure and skilled birthing attendant training for maternal and child health. Other work includes activities with several Nepali orphanages and schools. During the internship, a five-day excursion will allow students to experience the culture and beauty of Nepal.

DATES

29 April–26 May 2025 (approx.)

HOUSING

Students will stay in hostels, hotels, and teahouses in various locations in Nepal.

COURSES

Students will register for 3 credit hours from the following courses while on this program:

HLTH 491R—Mentored Research (3 credit hours)

HLTH 496R—Academic Internship (3 credit hours)

Graduate credit for MPH fieldwork is also available.

Students may not take any other courses on this program, including BYU Online courses, without approval by the program director and ISP.

COST

\$TBD

Includes Latter-day Saint, undergraduate tuition for 3 credit hours (increased cost for graduate and non-Latter-day Saint students), housing, excursions, admissions, transportation, five-day Nepali excursion, and international health insurance coverage.

Does not include airfare to Kathmandu, meals, personal expenses, passport, visa to Nepal, or immunizations.

TRAVEL

Students are responsible for purchasing their own airfare to and from the program sites. Airline reservations must be made through BYU Travel. Students should contact a BYU Travel agent. BYU Travel | 280 HRCB | (801) 422-6293 | travel@byu.edu.

PREPARATION

Students will be interviewed for selection into the program. At this interview, students should decide which area of public health they would like as their focus for this internship, either Occupational/Environmental Health or Maternal/Child Health. However, students will take part in all activities including the brick kiln and maternal/child health research.

Accepted students are required to participate in an international cross-cultural preparation course (IAS 201R, 1 credit hour) during the second block of winter semester 2025. Part-time and non-BYU students will need to pay an additional tuition fee for the prep class.

Spouses also need to be credit-bearing participants on the program; they will need to apply online and take the preparation course.

Students must meet all country- and program-specific COVID and health requirements for travel.

International study programs are physically, emotionally, and mentally taxing and you must be in good health to participate. These programs often take place in international locations that do not have the same level of safety and services in terms of transportation, living conditions, residential accommodations, food, public behavior, and policing that you may be used to on campus. If you have further questions or concerns on this, please see <https://kennedy.byu.edu/isp-travel-policy>.

FUNDING SOURCES

Academic departments and colleges may assist with scholarships and grants.

Regular BYU tuition scholarships, Pell Grants, and Federal Insured Student Loans may be applied to study abroad programs.

Students who submit the financial aid section of the ISP application and who have a current FAFSA form on file at the Financial Aid Office (A-41 ASB) will be considered for a Study Abroad scholarship.

Private grants and scholarships outside of BYU may also assist (see kennedy.byu.edu/scholarships).

APPLICATION PROCESS

BYU welcomes students from any university to apply to participate on our study abroad programs. However, internships and direct enrollment programs are limited to BYU Provo students.

Students must be 18 years of age or older to participate.

Complete the online application at kennedy.byu.edu/isp-apply. A nonrefundable \$35 application fee is required.

Applicants will be interviewed once the application is complete.

Students will be notified via e-mail of their acceptance into the program.

The first payment is due upon acceptance. Please refer to the Payment Information page.

Application Deadline: 27 November 2024

FACULTY

Steve Thygerson is the program director and is a professor in public health, focusing on occupational health.

(801) 422-1891 | steven.thygerson@byu.edu

SCHEDULE AND TIME COMMITMENT

Students should plan to be in Kathmandu on 29 April. The program will end on 26 May. Students should refrain from scheduling late arrivals or early departures.

INTERESTED STUDENTS SHOULD CONTACT

International Study Programs
101 HRCB | (801) 422-3686 | isp@byu.edu | kennedy.byu.edu/isp

Steve Thygerson
(801) 422-1891 | steven.thygerson@byu.edu

PROGRAM ADJUSTMENTS

International Study Programs (ISP) reserves the right to cancel this program, revise its offerings, or make any adjustments to the preliminary cost. If it becomes necessary for ISP to cancel a program, all program payments made to BYU ISP will be refunded to the student's BYU Financial account. ISP is the only office authorized to cancel any of its programs.