This program aims to give students a chance to study and learn from public health systems in a variety of European settings and to compare and contrast with public health systems in Ghana. While students will visit London, Amsterdam, Paris, Venice, Milan, Accra, and Geneva as part of the study abroad, we anticipate the bulk of the experience will take place in Ghana, Netherlands, France, and England. Students will be immersed in the local culture as they conduct interviews with local residents and through direct observation of environments, health behaviors, and lifestyles. Students will experience the impact of social and built environments (culture) on their own behaviors and learn to identify how differences between American values and lifestyle related to health differ from those in various field locations. Students will observe how public health programs and policies in Europe contribute to the overall health of populations and how these policies are different from approaches in Ghana. They will learn innovative approaches to tackling public health challenges such as obesity, diabetes, heart disease, and other chronic conditions. They will also have an opportunity for direct public health contact in applied projects in Ghana. Students will participate in active learning exercises and will have many opportunities to be physically active in the local environments with both planned and opportunistic excursions. This study abroad will be most appealing to students that are passionate about health, enjoy leading an active lifestyle (or want to begin doing so), and desire to experience diverse European cultures and their impact on health. Lastly, students will observe and explore the role of faith in healthy lifestyle choices.

DATES
24 May – 22 June 2024 (approximately). Students must arrive in Accra, Ghana by May 25. Consult with your faculty director prior to purchasing airfare.
HOUSING
Students will stay in hotels. The program will arrange all housing.

COURSES
6 credits from the following:
HLTH 335 – Health Behavior Change (3 credit hours)
HLTH 480 – International Health (3 credit hours)
HLTH 492R – Directed Public Health Readings (3 credit hours)
HLTH 496R – Academic Internship (3–6 credit hours)

Note: the HLTH 496R course requires prior approval. For further information, please contact the faculty directors.
Participants may not take any other courses on this program, including BYU Online courses, without approval by the program director and ISP.

COST
$6,800–7,300
Includes: Latter-day Saint, undergraduate full tuition (increased cost for grads and non-Latter-day Saint students), airfare from Ghana to Italy, housing, most breakfasts, some other meals, group transport, some activities, and international health insurance.
Not included: Airfare to Ghana and home from England, most lunches and dinners, and personal expenses.

TRAVEL
Students are responsible for purchasing their own airfare to and from the program. Airfare reservations must be made through BYU Travel. Students should contact a BYU Travel agent at: BYU Travel | 801-422-6293 | travel@byu.edu | 280 HRCB

PREPARATION
Accepted students are required to participate in an international, cross-cultural preparation course (IAS 201R, 1 credit hour). This evening course will be held on Wednesdays from 4:00–6:00 pm beginning the first day of the second block of winter semester. Part-time BYU students and non-BYU students will need to pay an additional tuition fee of approximately $300 for this course. All participants are required to show proof of complete COVID-19 vaccination (including booster) at least two weeks prior to departure.

FUNDING SOURCES
Regular BYU tuition scholarships, Pell Grants, and Federal Insured Student Loans may be applied to study abroad programs. Students who submit the financial aid section of the ISP application and who have a current FAFSA form on file at the financial Aid Office (A-41 ASB) will be considered for a study abroad scholarship. Academic departments and colleges may assist with scholarships and grants. Private grants and scholarships outside of BYU may also assist (kennedy.byu.edu/scholarships).

APPLICATION PROCESS
Students must be adults 18 years-of-age or older. Complete the online application at kennedy.byu.edu/apply. The application requires a $35 fee. Applicants will be interviewed throughout the fall semester and may be admitted previous to the deadline. Students will be notified via e-mail of their acceptance into the program. The first payment is due upon acceptance. Please refer to the Payment Information document.

Priority Deadline: 1 November 2023
Final Deadline: 1 December 2023

FACULTY
Josh West has extensive experience working abroad using health behavior change strategies to address international health.
801-422-3444, josh.west@byu.edu
Benjamin Crookston has experience working abroad addressing undernutrition and child health.
801-422-3143, benjamin_crookston@byu.edu

INTERESTED STUDENTS SHOULD CONTACT
International Study Programs
101 HRCB | (801) 422-3686 | isp@byu.edu | kennedy.byu.edu/isp

PROGRAM ADJUSTMENTS
International Study Programs (ISP) reserves the right to cancel this program, revise its offerings, or make any adjustments to the preliminary cost. If it becomes necessary for ISP to cancel a program, all program payments made to BYU ISP will be refunded to the student’s BYU financial account. ISP is the only office authorized to cancel any of its programs.