

NEPAL

ENVIRONMENTAL/OCCUPATIONAL HEALTH AND MATERNAL/CHILD HEALTH GLOBAL HEALTH INTERNSHIP SPRING 2023



The world's rooftop, Nepal is home to Hindu and Buddhist traditions rich in iconography and deep religious meaning. The Kathmandu Valley has seven World Heritage sites that weave together Buddhist and Hindu traditions. Among all this history and culture, the people work and go about their day trying to thrive or just survive. Working with the National Institute of Occupational Health and Safety of Nepal, BYU students will recognize and evaluate occupational health hazards in one of the harshest work environments in Nepal, the brick kilns. From ergonomic and heat stress evaluations to silica air sampling, students will use cutting edge technology to evaluate and provide control options. Students will also work with Sukuman Memorial Polyclinic in the village of Kumari to conduct research regarding healthcare infrastructure and skilled birthing attendant training for maternal and child health. During the internship, a four-day trek will take students along the Annapurna Panorama Trail located in the heart of the Himalayan mountains.

DATES

1 May–29 May 2023 (approximately)

HOUSING

Students will stay in hostels, hotels, and teahouses in various locations in Nepal.

COURSES

Students in the program are required to take 3 credit hours of either HLTH 491R—Mentored Research or HLTH 496R—Academic Internship. Graduate credit for MPH fieldwork is also available.

Students may not take any other courses on this program, including BYU Online courses, without approval by the program director and ISP.

COST

\$3,500–3,900

Includes Latter-day Saint, undergraduate tuition for 3 credit hours (increased cost for graduate and non-Latter-day Saint students), housing, four-day trek, excursions, admissions, transportation, and international health insurance coverage.

Not Included: airfare to Kathmandu, meals, personal expenses, passport, visa to Nepal, and immunizations.

TRAVEL

Students are responsible for purchasing their own airfare to and from the program sites. Airline reservations must be made through BYU Travel. Students should contact a BYU Travel agent at 280 HRCB, (801) 422-6293. travel@byu.edu.

PREPARATION

Students will be interviewed for selection into the program. At this interview, students should decide which area of public health they would like to focus for this internship, either Occupational/Environmental Health or Maternal/Child Health. However, students will take part in all activities including the brick kiln and maternal/child health research.

Accepted students are required to participate in an international, cross-cultural preparation course (IAS 201, 1 credit hour) during the second block of winter semester 2023. Part-time and non-BYU students will need to pay an additional tuition fee for the prep class.

Students must meet all country- and program-specific COVID and health requirements for travel.

FUNDING SOURCES

Academic departments and colleges may assist with scholarships and grants.

Regular BYU tuition scholarships, Pell Grants, and Federal Insured Student Loans may be applied to study abroad programs. Students who submit the financial aid section of the ISP application and who have a current FAFSA form on file at the Financial Aid Office (A-41 ASB) will be considered for a study abroad scholarship and may be considered for other scholarships. Private grants and scholarships outside of BYU may also assist (see kennedy.byu.edu/scholarships).

APPLICATION PROCESS

BYU welcomes students from any university to apply to participate on our study abroad programs. However, internships and direct enrollment programs are limited to BYU Provo students.

Students must be 18 years of age or older to participate.

Complete the online application at kennedy.byu.edu/isp-apply. A nonrefundable \$35 application fee is required.

Applicants will be interviewed once the application is complete.

Students will be notified via e-mail of their acceptance into the program.

The first payment is due upon acceptance.

Priority Deadline: 23 November 2022

Application Deadline: 19 December 2022

FACULTY

Steve Thygerson is the program director and is a professor in Public Health focusing on occupational health. (801) 422-1891, steven.thygerson@byu.edu

Randy M. Page, is director of the Global Health Internship Program and a professor of Public Health.

SCHEDULE AND TIME COMMITMENT

Students should plan to be in Kathmandu on 1 May. The program will end on 29 May. Students should refrain from scheduling late arrivals or early departures.

INTERESTED STUDENTS SHOULD CONTACT

International Study Programs

101 HRCB | (801) 422-3686

isp@byu.edu | kennedy.byu.edu/isp

Steve Thygerson

(801) 422-1891

steven.thygerson@byu.edu

PROGRAM ADJUSTMENTS

International Study Programs (ISP) reserves the right to cancel this program, revise its offerings, or make any adjustments to the preliminary cost. If it becomes necessary for ISP to cancel a program, all program payments made to BYU ISP will be refunded to the student's BYU Financial account. ISP is the only office authorized to cancel any of its programs.