

EUROPE PUBLIC HEALTH

DENMARK, SWEDEN, GERMANY, BELGIUM, NETHERLANDS, FRANCE, SWITZERLAND

STUDY ABROAD SUMMER 2023



This program aims to give students a chance to study and learn from public health systems in a variety of European settings. While students will visit Amsterdam, Paris, Copenhagen, Hamburg, Bruges, and Geneva as part of the study abroad, we anticipate the bulk of the experience will take place in Denmark, Netherlands, and France. Students will be immersed in the local culture as they engage with local residents and through direct observation of environments, health systems, and lifestyle. Students will experience the impact of social factors and built environments on healthy behaviors and learn to identify how American values related to health differ from those in various field locations. Students will observe how public health programs, policies, and systems in Europe contribute to the overall health of populations. They will learn innovative approaches to tackling public health challenges such as obesity, diabetes, heart disease, and other chronic conditions. Students will participate in active learning exercises and will have many opportunities to be physically active in the local environments with both planned and opportunistic excursions. This study abroad will be most appealing to students that are passionate about health, enjoy leading an active lifestyle (or want to begin doing so), and desire to experience diverse European cultures and their impact on health. Lastly, students will observe and explore the role of faith in healthy lifestyle choices and public health policymaking.

DATES

24 June–22 July 2023 (approx.)

Students must arrive in Copenhagen by June 24. Consult with your faculty director prior to purchasing airfare.

HOUSING

Students will stay in hotels. The program will arrange all housing.

COURSES

Students may enroll in a total of 6 credits from the following courses:

HLTH 312—Introduction to Planning, Interventions, and Evaluation (3 credit hours)
HLTH 316—Influencing Health through Health Systems and Policy (3 credit hours)
HLTH 403R—The Influence of Religion on Public Health (3 credit hours)
HLTH 492R—Directed Public Health Readings (3 credit hours)

Participants may not take any other courses on this program, including BYU Online courses, without approval by the program director and ISP.

COST

\$6,000–6,500

Includes Latter-day Saint, undergraduate full tuition (increased cost for grads and non-Latter-day Saint students), housing, most breakfasts, some other meals, group transport, some activities, and international health insurance.

Does not include airfare, preparation course tuition, most lunches and dinners, or personal expenses.

TRAVEL

Students are responsible for purchasing their own airfare to and from the program. Airfare reservations must be made through BYU Travel. Students should contact a BYU Travel agent at: BYU Travel | 801-422-6293 | travel@byu.edu | 280 HRCB

PREPARATION

Accepted students are required to participate in an international, cross-cultural preparation course (IAS 201R, 1 credit hour). This evening course will be held on Wednesdays from 4:00–6:00 pm beginning the first day of second block of winter semester 2023.

Part-time BYU students and non-BYU students will need to pay an additional tuition fee of approximately \$300 for this course.

Students must meet all country- and program-specific COVID and health requirements for travel.

FUNDING SOURCES

Regular BYU tuition scholarships, Pell Grants, and Federal Insured Student Loans may be applied to study abroad programs. Students who submit the financial aid section of the ISP application and who have a current FAFSA form on file at the financial Aid Office (A-41 ASB) will be considered for a study abroad scholarship. Academic departments and colleges may assist with scholarships and grants. Private grants and scholarships outside of BYU may also assist (kennedy.byu.edu/scholarships).

APPLICATION PROCESS

Students must be adults 18 years of age or older to participate. Complete the online application at kennedy.byu.edu/isp-apply. A nonrefundable \$35 application fee is required; applicants will be interviewed throughout the fall semester and may be admitted previous to the deadline. Students will be notified via e-mail of their acceptance into the program. The first payment is due upon acceptance.

Priority Deadline: 1 November 2022

Deadline: 15 December 2022

FACULTY

Lori Spruance has experience in program planning and evaluation, particularly among nutrition programs and policy.
(801) 422-0281 | lori.spruance@byu.edu

Erik Nelson has experience working abroad addressing infectious diseases, vaccinations, and health disparities.
(801) 422-1705 | erik_nelson@byu.edu

Jeff Glenn has experience in strengthening health systems and policies to improve public health.
(801) 422-9754 | jeff_glenn@byu.edu

INTERESTED STUDENTS SHOULD CONTACT

International Study Programs | 101 HRCB | (801) 422-3686 | isp@byu.edu | kennedy.byu.edu/isp

PROGRAM ADJUSTMENTS

International Study Programs (ISP) reserves the right to cancel this program, revise its offerings, or make any adjustments to the preliminary cost. If it becomes necessary for ISP to cancel a program, all program payments made to BYU ISP will be refunded to the student's BYU financial account. ISP is the only office authorized to cancel any of its programs.