

BYU LONDON CENTRE

MULTICULTURAL LONDON: FOODS AND STORIES OF THE BRITISH EMPIRE THAT WAS

STUDY ABROAD SPRING 2023



Foods function as cultural bridges, bringing people of different nationalities, languages, and beliefs together. Foods carry stories with them, about where people come from, what their lives were like, and how they experience the world. Foods also contain essential nutrients that make being human possible. A complex, multiethnic society like London, which has been enriched by the culinary traditions of the many varied cultures provides the perfect backdrop to explore the effect of food on culture and human health.

The London Centre Spring 2023 program will focus on the foods, nutrition, and stories of the British Empire (that was), from the Plantagenet conquest of Ireland, with its soda breads, colcannon, and bangers and mash, and the Tudor/Stuart acquisition of Scotland, with its haggis, oatcakes, and neeps and tatties, through the colonial spread of British influence over swaths of South Asia, Africa, and China, which introduced curries, chutneys, teriyaki, dim sum, and pounded yams, among many other foods, into the British foodscape. Our primary resource for understanding the intersections of empire, food, and stories will be the city itself, with its many ethnic neighborhoods and restaurants, as well as visits to Ireland and Scotland. We will eat our way through the city, connecting the actual chemical and nutritional content of the foods we encounter with the stories those same dishes can tell about the people who invented, market, prepare, and consume them.

In London, in addition to eating amazing food, we will visit such iconic sites as the British Museum, Westminster Abbey, St. Paul's Cathedral, and the National Gallery, as well as exploring ethnic neighborhoods and cultural centers. Outside the city, we will visit the Belfast, Dublin, the Scottish Highlands, Glasgow, Edinburgh, Stonehenge, Bath, Oxford, and many other fascinating destinations. By the end of the program, you will have begun building your own cultural bridges to the many cultures that make up the UK today!

DATES

3 May–20 June 2023 (approx.)

HOUSING AND MEALS AT THE LONDON CENTRE

Students will live at the BYU London Centre. Student participants are required to help in food preparation and clean-up. Because of the communal nature of the meals, the BYU London Centre cannot meet all special dietary needs, nor can it ensure a safe environment for those with food allergies. Please also note that other than a communal microwave, students do not have accommodations in the Centre, and may not bring their own accommodations to the Centre, to prepare food for themselves individually. If you have dietary or allergy concerns, we recommend that you speak with the International Study Programs office before you apply.

COURSES

Accepted students register as a full-time student (6 credit hours) in the following courses for spring term 2023:

UNIV 215R—British Empire Literature (3 credits) with Julie Allen (Fulfills GE Letters requirement)

UNIV 216R—Foods of the British Empire (3 credits) with Jason Kenealey (Fulfills GE Biological Science requirement)

COST

\$5,900-6,400

Includes full-time Latter-day Saint undergraduate tuition, housing, breakfast and dinner all days except Saturday, admission to program-related activities, transportation within London and on program excursions, and international health insurance coverage. Does not include airfare to/from London, preparation course tuition, lunches and Saturday meals, passport fees, or personal expenses.

TRAVEL

Students are responsible for purchasing their own airfare to and from the program. Airfare reservations must be made through BYU Travel. Students should contact a BYU Travel agent. BYU Travel | 801-422-6293 | travel@byu.edu | 280 HRCB

PREPARATION

Accepted students are required to participate in an international, cross-cultural preparation course (IAS 201R, 1 credit hour) during the second block of the Winter 2022 semester.

This program is particularly food-centric, so it is not suitable for students with strong food allergies or aversions.

All participants are required to show proof of complete COVID-19 vaccination (including booster) at least two weeks prior to departure.

FUNDING SOURCES

Regular BYU tuition scholarships, Pell Grants, and Federal Insured Student Loans may be applied to study abroad programs. BYU students are strongly encouraged to request experiential education funding through their home department and/or college and the ORCA program. Those who complete the financial aid section of the ISP application and file a current FAFSA form at BYU's Financial Aid Office (A-41 ASB) will also be considered for a study abroad scholarship. Students may also pursue private grants and scholarships, including those listed online at kennedy.byu.edu/scholarships.

APPLICATION PROCESS

Students must be 18 years of age or older to participate. Applications are available online at kennedy.byu.edu/isp-apply.

Priority Deadline: 15 November 2022

Final Deadline: 15 December 2022

The first payment is due upon acceptance; please refer to the current Payment Information document (see kennedy.byu.edu/isp-forms/ISPpayments2023.pdf).

FACULTY

Julie K. Allen (director) is a professor of Comparative Literature and Scandinavian Studies in the BYU Comparative Arts and Letters Department. She has lived and worked extensively in the UK, Germany, and Denmark, and directed a six-month study abroad program in London in 2013. She will be accompanied by her husband Brent and two teenage children.

Jason Kenealey (associate director) is an associate professor of nutrition, dietetics, & food science. He will be accompanied by his wife, Liz, and five children (ages 4 to 17).

INTERESTED STUDENTS SHOULD CONTACT

International Study Programs
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Jason Kenealey
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PROGRAM ADJUSTMENTS

International Study Programs (ISP) reserves the right to cancel this program, revise its offerings, or make any adjustments to the preliminary cost. If it becomes necessary for ISP to cancel a program, all program payments made to BYU ISP will be refunded to the student's BYU financial account. ISP is the only office authorized to cancel any of its programs.