

Types of Speaking Practice

Extemporaneous

Spontaneous, free,
natural speech

Rehearsed

Speech that is prepared, practiced, or memorized in advance

Imitative

Speaking (repeating) after a model—whether live or recorded



10 Tips for Successful Public Speaking

Feeling some nervousness before giving a speech is natural and even beneficial. But too much nervousness can be detrimental. Here are some proven tips on how to control your butterflies and give better presentations:

- 1 Know your material.** Pick a topic you are interested in. Know more about it than you include in your speech. Use personal stories and conversational language – that way you won't easily forget what to say.
- 2 Practice. Practice. Practice!** Rehearse out loud with all equipment you plan on using. Revise as necessary.
- 3 Know the audience.** Greet some of the audience members as they arrive. It's easier to speak to a group of friends than to strangers.
- 4 Know the room.** Arrive early, walk around the speaking area and practice using the microphone and any visual aids.
- 5 Relax.** Ease tension by doing exercises. Transform nervous energy into enthusiasm.
- 6 Visualize yourself giving your speech.** Imagine yourself speaking, your voice loud, clear and confident. Visualize the audience clapping – it will boost your confidence.
- 7 Realize that people want you to succeed.** Audiences want you to be interesting, stimulating, informative and entertaining. They don't want you to fail.
- 8 Don't apologize** for any nervousness or problem – the audience probably never noticed it.
- 9 Concentrate on the message – not the medium.** Focus your attention away from your own anxieties and concentrate on your message and your audience.
- 10 Gain experience.** Experience builds confidence, which is the key to effective speaking. A Toastmasters club can provide the experience you need in a safe and friendly environment.

Visit a Toastmasters meeting!

Toastmasters groups meet in the morning, at noon, or in the evening in communities and corporations all over the world. No matter where you live, work or travel, you are likely to find a group nearby.

Visit www.toastmasters.org and click on Find a Club at the top left of the home page or contact us at:

(949) 858-8255 • membership@toastmasters.org

Organize a new Toastmasters group!

The best way to provide communication training to your employees – at a fraction of the cost of other programs – is to start an in-house Toastmasters group. Individual involvement produces instant results in your employees.

To learn more about conducting the Toastmasters program in your company, contact Toastmasters International and request a New Club Information Kit. You won't regret it!

Toastmasters International

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Catalog No. 105



Yertle the Turtle by DR. SEUSS

Narrator: On the far away island of Sala-ma-sond
Yertle the Turtle was king of the pond.

Group 1: A nice little pond.

Group 2: It was clean.

Group 1: It was neat.

Group 2: The water was warm. There was plenty to eat.

Group 1: The turtles had everything turtles might need.

Group 2: And they were all happy,

All: Quite happy indeed.

Narrator: They were...until Yertle, the king of them all
Decided the kingdom he ruled was too small.

Yertle: I'm ruler,

Narrator: Said Yertle,

Yertle: Of all that I see
But I don't see enough, that's the trouble with me.
With this stone for a throne, I look down on my pond,
But I cannot look down on the places beyond,
This throne that I sit on is way too low down.
It ought to be higher,

Narrator: He said with a frown.

Yertle: If I could sit high, how much greater I'd be!
What a king! I'd be ruler of all I could see.

Group 1: So Yertle, the turtle king, lifted his hand,

Group 2: And Yertle, the turtle king, gave a command.

Group 1: He ordered nine turtles to swim to his stone,
And using these turtles, he built a NEW throne

Group 2: He made each one stand on another one's back
And piled them up in a nine turtle stack.

Group 1: Then Yertle climbed up and he sat on the pile.

Yertle: What a wonderful view!

All: He could see 'most a mile!

Yertle: All mine!

Narrator: Yertle cried.

Yertle: Oh, the things I now rule!
I'm the king of a cow, I'm the king of a mule!
I am king of a house! And, what's more,
beyond that,
I am king of a blueberry bush and a cat!
I'm Yertle the turtle! Oh, marvelous me!
For I am the ruler of all I can see!

Group 1: And all through that morning, he sat there up
high, saying over and over

Yertle: "A great king am I!"

Group 2: Til 'long about noon, when he heard a faint
sigh.

Yertle: What is that?

Narrator: Snapped the king.

Group 1: As he looked down the stack,

Group 2: And he saw at the bottom, a turtle named
Mack

Narrator: Just a part of the throne. And this plain little
turtle
Looked up and he said,

Mack: Beg your pardon, King Yertle,
I've pains in my back and my shoulders and knees
How long must we stand here, your majesty, please?

Yertle: SILENCE!

Narrator: The King of the turtles barked back.

Yertle: I'm king, and you're only a turtle named Mack
You stay in your place while I sit here and rule
I'm king of a cow! And I'm king of a mule!
I'm king of a house, and a bush, and a cat!
But that isn't all. I'll do better than that!
My throne shall be higher!

Narrator: His royal voice thundered,

Yertle: So pile up more turtles! I want 'bout a hundred!
Turtles! More turtles!

Narrator: He bellowed and brayed,
And the turtles 'way down in the pond were afraid.

Group 1: They trembled.

Group 2: They shook.

Group 1: But they came.

All: They obeyed.

Group 2: From all 'round the pond,
they came swimming by dozens,

Group 1: Whole families of turtles, with uncles and
cousins.

Group 2: And all of them stepped on the head of poor
Mack.

All: One after the other, they climbed up the stack.

Narrator: Then Yertle the turtle was perched up so
high,
He could see forty miles from his throne in the sky!

Yertle: HOORAY!

Narrator: Shouted Yertle,

Yertle: I'm king of the trees!
I'm king of the birds and I'm king of the bees!
I'm king of the butterflies! King of the air!
Ah me! What a throne! What a wonderful chair!
I'm King Yertle the turtle! Oh, marvelous me!
For I am the ruler of all I can see!

Narrator: Then again, from below,
in that great heavy stack
Came a groan from that plain little turtle named Mack.

Mack: Your majesty, please, I don't like to complain,
But down here below we are feeling great pain.
I know, up on top you are seeing great sights,
But down at the bottom, we too should have rights
We turtles can't stand it. Our shells will all crack!
Besides, we need food. We are starving!

Narrator: Groaned Mack.

Yertle: You hush up your mouth.

Narrator: Howled the mighty king Yertle.

Yertle: You've no right to talk to the world's highest
turtle
I rule from the clouds! Over land! Over sea!
There is nothing, no nothing that's higher than me!

All: But while he was shouting, he saw with surprise
That the moon of the evening was starting to rise
Up over his head in the darkening skies.

Yertle: What's that?

Narrator: Snorted Yertle.

Yertle: Say, what is that thing?
That dares to be higher than Yertle the king?
I shall not allow it! I'll go higher still!
I'll build my throne higher. I can and I will!
I'll call some more turtles and stack 'em to heaven!
I'll need 'bout a thousand, six hundred and seven!

Group 1: But as Yertle the turtle king, lifter his hand
And started to order and give the command,

Group 2: That plain little turtle below in the stack,

Narrator: That plain little turtle whose name was just
Mack,
Decided he'd taken enough.

All: And he had.

Group 1: And that plain little lad got a little bit mad.

Group 2: And that plain little Mack did a plain little
thing

All: He BURPED!

Narrator: And his burp shook the throne of the king!

Group 1: And Yertle the turtle, the king of the trees,

Group 2: The king of the air and the birds and the bees,

Group 1: The king of a house and a cow and a mule...

All: Well, that was the end of the turtle king's rule!

Narrator: For Yertle, the king of all Sala-ma-sond
Fell off his high throne

All: and fell plunk in the pond!

Yertle: And today, the great Yertle, that marvelous me

All: Is king of the mud. That is all he can see.

Narrator: And the turtles, of course . . . all the turtles
are free

All: As turtles, and maybe all creatures should be.

G.D.1

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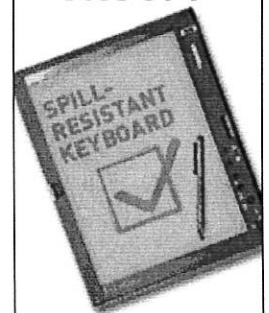
- [What Is Readers Theater?](#)
- [Teach Reading By Putting on a Play](#)
- [Resources for Readers Theater](#)
- [Readers Theater Script Based on Wolf by Becky Bloom](#)

Books

- *Break a Leg! The Kids' Guide to Acting and Stagecraft*, by Lise Friedman (Workman, 2001).
- *15 Easy-to-Read Mini-Book Plays (K-2)*, by Sheryl Ann Crawford & Nancy I. Sanders (Scholastic, 2001).
- *Folk Tale Plays From Around the World That Kids Will Love!*, by Marci Appelbaum and Jeff Catanese (Scholastic, 2001).
- *25 Just-Right Plays for Emergent Readers (K-1)*, by Carol Pugliano-Martin (Scholastic, 1998).
- *Readers Theatre for Beginning Readers (Grades 1-4)*, by Suzanne I. Barchers (Teacher Ideas Press, 1993).
- *Frantic Frogs and Other Frankly Fractured Folktales for Readers Theatre*, by Anthony D. Fredericks (Teacher Ideas Press, 1993).

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TOPIC SENTENCES

Select one event in Chinese history and report on it so that any 14 year old American student will understand and appreciate the event.

Contrast the differences between Fascism and Democracy.

Everyone faces difficult problems everyday. Select the most difficult problem you are facing right now, describe the problem and outline at least one possible solution.

Everyone has been helped along the way by others at one time or another. Tell of someone who has been especially helpful to you. What did they do and how might you thank them?

Tell about the best advise you ever received. Who gave it to you and what did you do about it?

Other than a relative, what one person has greatly influenced your life? How has that person changed your life?

If you had to be someone instead of yourself, whom would you choose to be? Why?

What is one question about life you would like to have answered? Why is this question important to you?

What person from history would you have enjoyed knowing. Why would you like to know this person?

Describe the vacation you would like to take if money were not a problem. Where would you go? Who would you take with you? Why would you want to go there?

Describe the most important qualities you should look for in a husband or wife.

China is faced with a number of problems. What do you think the major problem is? Why is this a problem and what do you think can be done to solve it?

Think about sometime in your life when you taught someone to do something. What did you teach and how did you teach it?

Describe how you spend your spare time - time when you do not have anything else to do.

Can you think of a time when you wanted to speak in English but could not? Tell about this incident. Why you wanted to speak and why you felt you could not. What did you do?

Nearly everyone likes to watch or participate in sports. Which sport would you like to be really good at? Why?

Explain how to cook your favorite food so that an American could duplicate what you have cooked.

Sometimes it is fun to think of living in another time and place. If you could experience a different time and place, what time and what place would you choose? Use reasons and specific details to support your answer.

People have different opinions about the effects of smoking. Some say it is dangerous to your health while others dispute that report. Indicate reasons for and against smoking. Indicate how you feel about smoking. List the reasons which support your point of view.

Many schools require students to wear uniforms while others do not. State reasons for supporting and opposing this requirement. Do you believe students should wear uniforms to school? State your reasons to support your points of view.

Gambling is legal in many places throughout the world. What are the reasons people give to support legalized gambling and what are the reasons others oppose it? Do you believe gambling should be legalized in China? What are your reasons for believing this way?

Many people enjoy living in the countryside while others enjoy living in the city. Contrast the two ways of life by using specific examples. Which do you prefer? Explain your preference by listing your reasons for your preference.

Learning that you have cancer is a very difficult experience for many people. Do you think patients should be informed when this is diagnosed or do you believe the information should be withheld from them? What are the reasons for feeling the way you do?

There are many schools for girls only and there are many schools for only boys. Contrast the differences between coeducational schools and same-sex schools. Do you feel coeducation is a good thing or a bad thing? Indicate why you feel the way you do.

One method of controlling the behavior of children is to spank them. Indicate why some people would feel this way while others would not. Do you feel this is an effective method of discipline? Use reasons and specific details to support your answer.

Organ transplants have become a way of life but many people are opposed to this treatment technique. Indicate the reasons why these opposing points of view are held. What is your opinion about this topic. Use reasons and specific details to support your answer.

Throughout history groups of people have expressed opposition to specific laws or regulations by public protests and demonstrations. What are some of the reasons why this should or should not be allowed. Do you think this process ought to be allowed? Use reasons and specific details to support your answer.

Abortion is a very controversial subject in America and in other places throughout the world. Contrast the points of view expressed by these opposing forces. Do you believe that abortions should be allowed? Use reasons and specific details to support your answer.

Many undesirable things are produced by television, movies, magazines and books. Some people believe that the media should be tightly controlled by censorship. How much, if any, censorship do you feel should be regulated by government? Use reasons and specific details to support your answer.

Euthanasia is generally thought of to be "mercy killing" of people who are terminally ill. What are the reasons some support this procedure while others are opposed to it. Do you feel that euthanasia should be made legal? Use reasons and specific details to support your answer.

Capital punishment is the death penalty for certain crimes. Some people believe that this penalty is too harsh while other people support it vigorously. How do you feel about capital punishment? Use reasons and specific details to support your answer.

Some people prefer work or activities that mainly involve working with people. Others choose work or activities that mainly involve working with objects or machines. Compare these types of activities. Which of them do you prefer? Give reasons to support your answer.

There are advantages and disadvantages to different seasons of the year, such as rainy or dry weather. Pick any two seasons that you are familiar with and compare the two. Describe what makes you prefer one over the other. What activities do you engage in? What feelings do you have during this season?

Public transportation includes buses, subways, trains, and taxis. Private transportation usually refers to private cars, bicycles, or motorcycles. Compare these two kinds of transportation and discuss the advantages and disadvantages of each. Decide which is better, giving details to support your decision.

There are both advantages and disadvantages to going to school in another country. Describe the good points and bad points about going to school in another country, and come to a conclusion about whether it is better or not to study abroad or stay at home. Give support for your opinion.

Some families have many children, while others have only one child. Think about the positive and negative aspects of being in a family with several children. What size of family seems best? Why?

We can be educated in many ways. Though much education happens in a classroom, we are also educated in our daily life through doing activities and listening to our friends and our family members. Which is a better way to learn: in a classroom with a teacher, or outside a classroom by doing things? Support your answer with examples and details.

Some people usually cook and eat their meals in their homes, while others often eat their meals in restaurants, stores, or sidewalk cafes. What are some differences between these two ways of getting food? Which is better? Why? Give reasons to support your opinion.

People have different ways of relaxing. Some people like to go out walking. Others like to read, sleep, eat, listen to music, or watch television. Some people play sports or watch sports, while others dance and sing. What are some good ways to relax when you are not working? Describe some ways to relax that you are familiar with. Why are they good ways to relax? Explain your answer by giving examples.

DISCUSSION TOPICS

What is something you have never done that you would like to try? Why?

What is something you really like about yourself? Tell why.

If you could be given another talent or ability, what would you want it to be? How would you use it?

Talk about something you will never forget.

Talk about someone you really admire. Tell why.

Share something that no one here knows about you.

What would you like to receive for your next birthday?

Something I have daydreamed about is _____.

Talk about the kind of exercise you enjoy the most.

Share your feelings about the future.

If you could change your body, what part would you like to change? Why?

Do you tend to have a positive or negative attitude? What do you think your friends would say?

If you could be someone else, whom would you like to be? Why?

What would have to take place for your life to be easier?

Do you prefer being a leader or a follower? Explain.

What would you do with a million U.S. dollars? Why?

What do you like most about your home? Why?

What is something you feel too young to do? Why?

What is something you feel too old to do? Why?

Describe a favorite teacher and tell why he/she was special.

Say something about keeping a promise.

What school subject has been most difficult for you?

What would you do if your best friend forgot your birthday? How would you feel?

How do you react when someone crowds in front of you while waiting in line?

How do you feel about your health at this time in your life?

If you have ever been "phony" talk about it.

What do you think you will look like in ten years?

If you were a teacher, what subject would you like to teach?

What is something you would do if you were younger?

What kind of reading do you like to do?

What age would you like to be. Tell why.

What kind of contest would you like to win? What would you do with the "winnings"?

Talk about your favorite kind of music. Why do you like it?

When do you feel happy and content?

Describe your favorite way to spend an evening.

What is something you dream of?

Talk about three things for which you are thankful.

Talk about your favorite pastime and tell why you enjoy it.

What are two things you look forward to doing? Why?

Describe the vacation you would like to take if money were no object.

Name two people with whom you would like to spend a whole day. What would you like to do with them?

What do you think like will be like in one hundred years?

What is something you would like to do to improve your life?

Share any experience you had with a grandparent.

How do you react when things do not go as you planned?

What do you think when you look in the mirror?

What is your favorite day of the week, and why do you like it?

What is your favorite time of day, and why do you like it?

What is your favorite time of year, and why do you like it?

Talk about your favorite holiday and why you like it.

What causes you to laugh? Share a personal experience.

What person from history would you have enjoyed knowing? Why?

If you could make a law that people would live by, what would it be?

In what way are you like your father? How do you feel about it?

In what way are you like your mother? How do you feel about it?

How do you feel about yourself most of the time?

If you could relive one year of your life, what year would it be? Why?

Which do you like best about yourself, your appearance, personality or wisdom? Tell why.

Talk about a time when you felt sad.

How do you behave when you feel angry?

What would be the best life for you to live? Why?

How do you behave when you feel depressed? What do you need most at that time?

How do you feel and react when someone ignores you?

When are you apt to cry?

What is something you want to see before you die? Why?

What is something you will never do?

What do you do when you can't fall asleep? What do you think about?

What do you want to be doing in ten years?

Name two people who have encouraged you sometime in your life.

If you had all the power in the universe, how would you change the world?

If you could have an article published in a popular magazine, what would be the subject?

Say something about feeling abused.

How do you feel about getting old? Why?

Share any experience you have had with a handicapped person.

Say something about being handicapped.

What do you want your last words to be?

Say something about child abuse.

Whom would you call if you had an emergency at four o'clock in the morning?

How do you feel when you are home alone? What do you do?

Talk about the most loving person you know.

What subject would you like to speak about to a large audience?

How do you feel when someone really listens to you?

Tell about an embarrassing moment in your life.

Tell about a time when you felt guilty? How do you feel about it now?

To whom could you turn if you needed money?

Talk about an experience you have had with poverty.

Talk about being homeless.

If your best friend wrote a book about you, what do you think it would be called?

What are you apt to do when you feel lonely?

What is something you feel a need to do? Why?

What is something you want people to remember about you?

When and where do you feel most relaxed and peaceful?

What comes to your mind when you think about your childhood?

How do you decide between "right" and "wrong"?

What is an important lesson you have learned about life?

Have you ever had something stolen? Talk about it.

Talk about the person who has been the biggest influence in your life.

If you have ever been accused of something you did not do, talk about it.

Talk about a time when your feelings were hurt.

What are the four most important things in your life? Explain.

What is something that frustrates you?

What would it take for you to have peace of mind?

What is something you believe about love?

Talk about stress and how it affects your life.

What are two things you want to accomplish in your life?

What medical breakthrough would you like to see happen in your lifetime? Why?

Share a discovery you have made recently that has improved your life.

How would you describe a perfect world?

Share a hope you have about the future.

Share a fear you have about the future.

Share one of your goals and tell why it is important to you.

To whom can you turn if you need to be comforted?

Describe an experience you have had with death.

How do you respond when someone criticizes you? How do you feel?

What is something you dislike about yourself? Tell why.

What would you do if you were told you were going to die soon?

What do you do when you feel embarrassed?

What is the most important thing in your life?

1. What do you think is the most beautiful thing about people?
2. What do you like to do most with a free afternoon?
3. Other than a relative, what one person has greatly influenced your life? How?
4. What is your greatest fear?
5. What is the best advice you have ever gotten?
6. If you could be any kind of animal, what would you be? Why?
7. What would you do if you suddenly received 10,000 yuan?
8. If you had to be someone instead of yourself, whom would you choose to be?
9. What advice would you like to give to the young people of China today?
10. What one question about life would you like to have answered?
11. What is the most difficult problem you are facing right now?
12. What is something you want people to remember about you?
13. What is an important lesson you have learned about life?
14. What do you want to be doing in ten years?
15. What are two things you want to accomplish in your life?
16. Share any experience you have had with a handicapped person.
17. What person from history would you have enjoyed knowing? Why?
18. Tell us about a time when you were sick.
19. What would you do if you were told you were going to die soon?
20. Where and when do you feel most relaxed and peaceful.
21. Tell us about the kind of exercise you enjoy the most.
22. Describe a favorite teacher and tell why he/she was special.
23. Talk about how you react when someone crowds in front of you while waiting in line.
24. What kind of reading do you like to do?
25. When do you feel happy and content?
26. Tell us about someone to whom you are grateful. Why are you thankful to him/her?
27. What are two things you look forward to doing. Why?
28. Describe the vacation you would like to take if money were no object.
29. What do you think life will be like in 100 years?
30. What is something you would like to do to improve your life?
31. What is your favorite day of the week, and why do you like it?
32. What is something you want to see before you die? Why?

TOPICS MY NIGHT SCHOOL STUDENTS WANTED TO DISCUSS

Kathryn Gardner, FAC

The Gulf War
 Showing love for parents
 Going abroad to study
 The meaning of life
 The kinds of love
 Marriage
 Relationships with friends
 How computers and internet change our lives
 Sports
 How to face society while growing up
 Why do people waste food?
 Talk about things in America
 Unemployment
 Keeping healthy
 Culture differences between China and the U.S.
 The ways people spend money
 Voting rights in China
 Travel
 Economic information on how to invest
 Protection of precious animals
 Are Hollywood films culture invading?
 Teaching children to be honest, brave, and good
 improving spoken English
 How to use the money we save
 Car development in China
 Laid-off workers
 Continuing education
 Modern society's life
 Corruption
 Students talk about their work
 Tell a story, talk about a movie, your work as a teacher, and travel
 The kind of worker wanted by joint-ventures
 Begging on the streets
 Talk about the one child policy
 China's early retirement policy
 The file that follows you in life
 How to prepare for an interview for a joint venture job or a visa

Discussion Wheel

6.G.1

Name one of your all-time favorite sports teams or individuals. Explain the reason for your choice.

Describe a favorite relative and tell why he/she was special.

What 3 movies do you think everyone should see? Why?

If you had two free hours a day, what would you do with this time?

Describe a favorite friend and tell why he/she was special.

What is an item you would put in a time capsule to be opened by the next generation?

What is an unusual occupation of a friend or relative?

What is a characteristic in others that you admire?

Tell about a time when you couldn't stop laughing.

Talk about your favorite holiday and why you like it.

Describe something you like to do when it's incredibly cold outside.

Describe something you liked about your childhood.

VALUES TOPICS



G.H.1

START HERE	a good friend	your pet	something you like doing	QUESTION FREE	a good book you have read	your taste in clothes	something you are good at	your favourite kind of music	FREE	what you did last Sunday	your room	how you get to school/work	a game you like playing	something you like recently	QUESTION FREE	a TV programme you like	your plans for next week	FREE QUESTION	something dangerous	your family	your last holiday	your favourite subject at school	something you are proud of	FREE QUESTION	a frightening experience	happiness	
fun	animals	what makes you laugh	something you worry about	QUESTION FREE	a dream you had	your hopes for the future	a job you would like	something you would like to possess	FREE QUESTION	your feelings about smoking	your ideas about the ideal wife or husband	your happiest moment in the last year	your ideal flat/house	FREE QUESTION	something you do not like doing	something you think is stupid	your most important possession	your feelings about this game	an adventure	a lucky day	START AGAIN?	FREE QUESTION	what you do in the evenings	FREE	a nice present you were given	the season you like best	a country you are interested in

TALK ABOUT US